

Information Meeting

January 22, 2024

**Dr. Yvonne Cafik, Triathlon Provincial
Technical Liaison**

***Use of PPT with Permission of Greg Perreux, Provincial Games Consultant**



presented by  **TEINE**
ENERGY

AGENDA

- Welcome and introductions
- Purpose and Goals of Games
- Sport calendar
- Events Schedule
- Partner and Participant Roles
- PTL and Coach Roles and Responsibilities
- Eligibility
- Competition Events
- Questions



Purpose and Goals of the Games

Purpose

To provide an opportunity for the province's developing athletes, coaches, and officials to participate in a multi-sport event in preparation for a higher level of competition

Goals

- To provide an athlete-centered multi-sport experience that compliments the Provincial Sport Organizations' (PSOs) Long Term Athlete Development (LTAD) plans, generally in the LTAD 'Train to Train' stage of development.
- To identify Saskatchewan participants with the potential to advance to higher levels of competition (provincial teams, national competitions, Canada Games, North American Indigenous Games).



Purpose and Goals of the Games

Goals continued . . .

- To enhance community development through a sport legacy of upgraded equipment, facilities, experienced officials, cultural understanding and appreciation, and a corps of volunteers.
- To motivate participants to achieve a higher level of sport skill and physical well-being.
- To promote athlete, coach and officials' development programs within all nine Districts across the province.
- To provide a provincial showcase that will increase public awareness and support for amateur sport in Saskatchewan.
- To generate economic and tourism benefits within the host community and surrounding area.



Sport Calendar

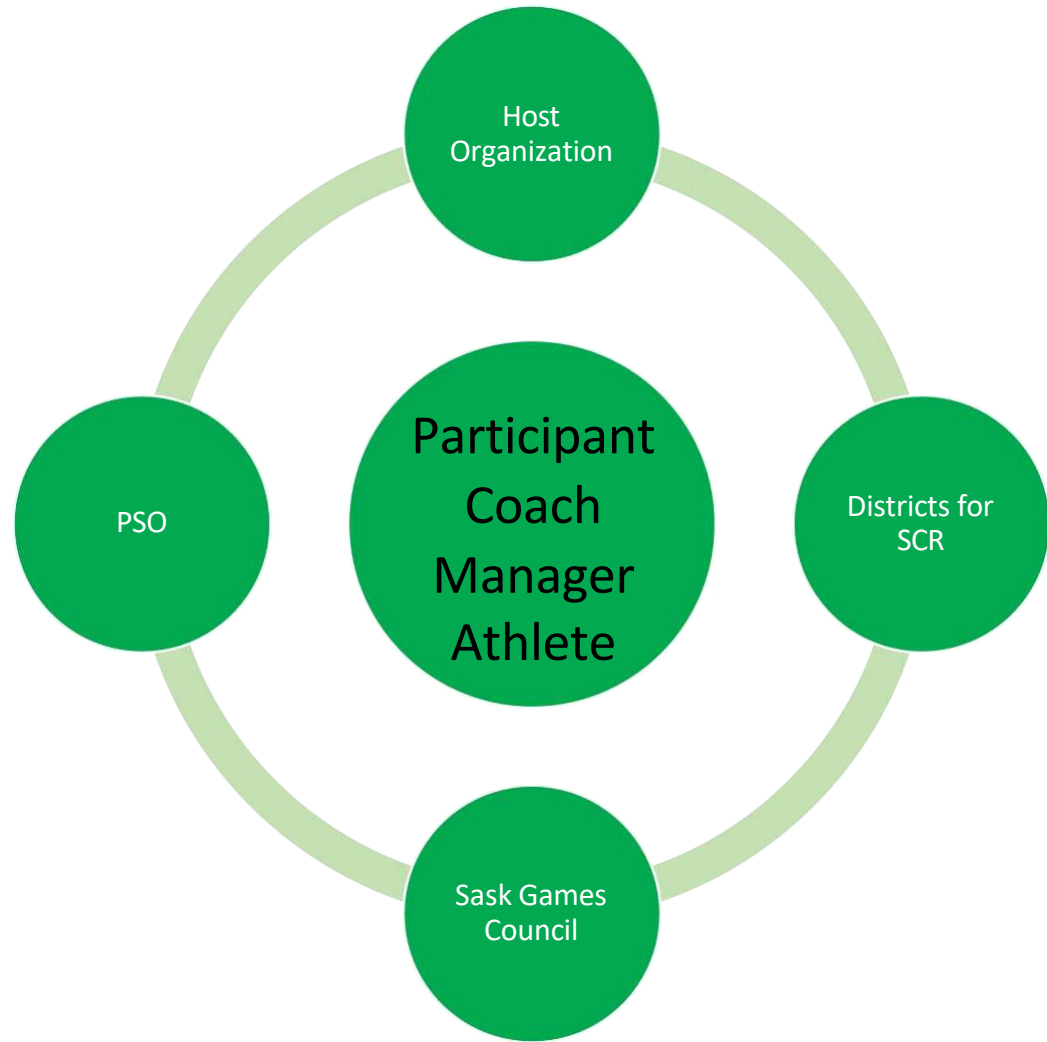
Second Half – July 24 – 27, 2024

Athletics	Lloydminster Comp High School
Baseball	Hospital Ball Diamonds
Basketball (Male and Female)	Holy Rosary High School and Lakeland College
Beach Volleyball (Male and Female)	Bud Miller Beach Volleyball Courts
Soccer (Female)	VLA Soccer Pitches
Triathlon	Bud Miller Park/Bioclean Aquatic Centre
Wheelchair Basketball	Servus Sports Centre

Triathlon Events Schedule

DATE	TIME	EVENT: CHECK-IN	VENUE
2024-07-24	1:00 to 6:00 pm	Arrival, Gear Inspection, Mechanic, and Bike Storage	Village
	19:00	Optional Athlete Swim	Aquatic Centre
	19:00	Coach/Manager Meeting	Aquatic Centre
DATE	TIME	EVENT: TRIATHLON	VENUE
2024-07-25	7:00 - 7:50	Bike Transition Open, Gear Inspection and Set Up	Transition
	8:00	Athlete Briefing and Course Familiarization with Officials	Transition
	9:00	Swim Warm Up Male	Aquatic Centre
	9:30	Race Start Male	Aquatic Centre
	9:45	Swim Warm Up Female (when males out of pool)	Aquatic Centre
	10:15	Race Start Female (when last male on last 2 km bike lap)	Aquatic Centre
	11:00	Post Race Nourishment	Venue TBD
	11:30-12:00	Bike Transition Open (Bike Out)	Transition
	12:30	Medal Presentation	TBD
DATE	TIME	EVENT: DUATHLON	VENUE
	7:00 - 7:50	Bike Transition Open, Gear Inspection, Set Up	Transition
	8:00	Athlete Briefing and Course Familiarization with Officials	Transition
	9:00	Race Run Start Male	Transition
	9:45	Race Run Start Female (when last male on last 2 km bike lap)	Transition
	11:00	Post Race Nourishment	Venue TBD
	11:30-12:00	Bike Transition Open (Bike Out)	Transition
		12:30	Medal Presentation
DATE	TIME	EVENT: MIXED TEAM RELAY	VENUE
2024-07-27	7:00 - 7:50	Bike Transition Area Open, Gear Inspection, Set-Up	Transition
	8:00	Athlete Briefing and Course Familiarization with Officials	Transition
	9:00	Swim Warm Up Male	Aquatic Centre
	9:30	Team Race Start Male	Aquatic Centre
		Male tags Female who Heads to Swim Start	Exchange Area
		Female tags Male who Heads to Swim Start	Exchange Area
		Male tags Female who Heads to Swim Start and Completes the Race	Finish
	11:00	Post Race Nourishment	Venue TBD
	11:30 - 12:00	Bike Transition Open (Bike Out)	Transition
	12:30	Medal Presentation	TBD

Roles of Partners and Participants



Provincial Sport Organization: Triathlon

Provincial Technical Liaison—Yvonne Cafik

Provincial Coach—Brendan MacKenzie

Provincial Technical Liaison

Pre-Games

Sport Technical package creation and updating as required

Sport schedule development and finalization (important for PTL to confirm the final schedule as it affects transportation and food)

- Major Officials recruitment and assignment
- Timing results systems and support
- Event sanctioning
- Lead the team development and athlete/coach selection for your sport



PTL Roles and Responsibilities

Games Time

- Final facility inspection and approval (formally signed off)
- Co-Chair the Technical/Coach meetings
- Modify the competition schedule (as required and as per the schedule change policy)
- Application of tie-breaking criteria (as per Technical Package)
- Act as a member of the Protest Committee (as per Technical Package)
- Sign-off of final competition standings
- Sport Technical spokesperson for the PSO
- Prepare a final evaluation of the competition post Games



Coach Roles and Responsibilities

Before Games

1. Complete the Coach Recruitment Form
2. Submit NCCP #, Criminal Record Check (CRC) and Vulnerable Sector Verification (VSV).
3. Complete Respect in Sport (RiS) online training
4. Contact the District Sport Coordinator and provide the District team selection dates and locations.
5. Promote the Saskatchewan Games and the District team selection dates and locations to those involved in the sport within the District.
6. Provide logistics support to the team:
 1. Uniform sizing
 2. Online registration
 3. Collection of participant fees
 4. Transportation information
 5. Information about the pep rally or staging events
 6. Finalize rosters and submit to the District Sport Coordinator



Coach Responsibilities

During Games

1. Coach the District team at the Saskatchewan Games.
2. Travel with the team to the host community on the transportation provided by the Saskatchewan Games Council.
3. All coaches must stay in the Athletes' Village to ensure the safety and wellbeing of their teams. Coaches may be assigned to rooms with other coaches from other sports or other Districts.
4. Coaches, with the support of the Team Manager, will supervise their athletes during their stay in the host community.



Eligibility

Age

- 12–15 (December 31, 2024)

Participants per District

- 3 Male; 3 Female
- 1 Coach and Manager (opposite gender)

Athlete

- Resides in SK
- Full time SK student
- Resides near SK boundary
- Resides in District for 6 months
- Resides in First Nations or School District
- Member of TriSask or eligible for membership

Coach

- NCCP Triathlon Canada Community Coach
- Vulnerable Sector Check
- Respect in Sport Training
- Member of TriSask or eligible for membership

Manager

- Resides in District, Member of Trisask



Competition: Triathlon and Multisport Events

Individual Triathlon

- 400 m pool swim, 8 km bike, 1 km run

Individual Duathlon

- 2 km run, 8 km bike, 1 km run
- 400 m pool swim, 8 km bike, 1 km run

2X2 Mixed Team Relay

- Two athletes, opposite gender
- Two triathlons each, tagging each other
- 200 m pool swim, 4 km bike, 1 km run

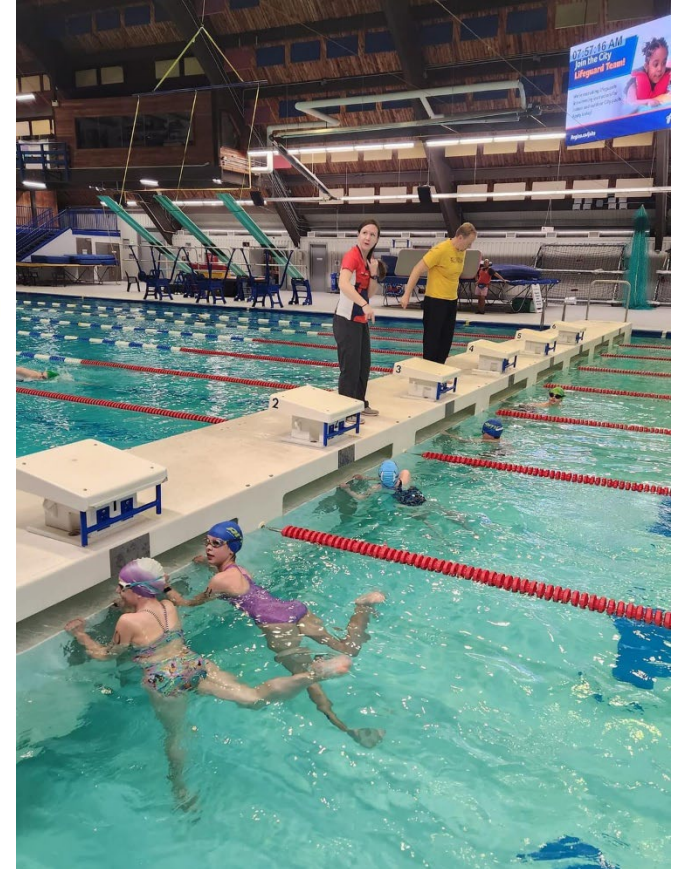
District and Regional Qualifiers

Here are the *District Teams* with qualifying events:

- **Team Regina**
 - Brent Gibson Memorial Ice Breaker and Kids of Steel Triathlon, May 26, 2024, Regina
- **Team Prairie Central/Team South East**
 - Wolseley Kids of Steel Triathlon, June 1, 2024, Wolseley
- **Team Rivers West**
 - ATB Financial Lloydminster Triathlon, June 14, 2024, Miller Park
- **Team Saskatoon**
 - Kids of Steel, June 16, 2024, Saskatoon
 - Living Sky, June 22, 2024, Pike Lake
- **Team Lakeland**
 - Duathlon or Aquathon, May, Prince Albert

Here are the District Teams in need of qualifying events:

- **Team Parkland Valley**
 - Yorkton, Melville, or Esterhazy
- **Team South West**
 - Swift Current or Moose Jaw
- **Team North**
 - La Ronge



District Team Selection Criteria

- Top three finishers for male and female
- Roll down method if spots declined
- Fill policy of qualifiers in other districts

Important Dates

- Coach recruitment– February 10th
- Coach selection—February 19th week
- Coaches meeting—March 4th week

Questions?